



**Drug & Alcohol Professional Certification**

**Workplace Assessment**

### **DANOS AH7.2014 Support individuals through detoxification programmes**

This unit is about working with individuals to achieve stabilisation and/or withdrawal from alcohol or other substance use through a planned programme of treatment and care. Detoxification programmes involve a range of interventions to address individuals' physical, psychological, emotional, social and legal problems and in many cases include the prescribing of substitute medication.

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Name of applicant:

I confirm that I am the line manager / supervisor for the above named.

I have assessed the applicant's competence in relation to each of the numbered items listed overleaf and have placed my initials against each numbered item to indicate my satisfaction that the applicant has demonstrated the competence to which it refers (see notes below).

My assessment of the applicant's competence in this unit is based on the following (see notes below):

Name:

Signed:

Date:

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**Notes**

You should 'sign off' the applicant's competence in relation to each of the items listed below only where you have clear evidence that they have demonstrated the appropriate knowledge or skills in real life settings. Your assessment should be based on one or more of the following: observation of the applicant's practice, your supervision of the applicant, evidence provided by an appropriate third party (such as clients / colleagues / previous supervisor/line manager). Note - completion of a training course does NOT itself provide evidence of competence in a particular area.

In some cases the applicant will not have the opportunity within their existing position to demonstrate all of the required competences. Where this is the case, arrangements will need to be made for their competence to be assessed in an alternative setting (such as on placement), or, where applicable, for it to be confirmed by a supervisor / line manager from a previous post.

### **Performance criteria**

To perform to the standard you must ensure that:

1. you confirm the eligibility of the individual for admission to the detoxification programme in line with locally agreed criteria
2. you arrange for individuals to undertake a comprehensive assessment to evaluate their substance misuse problems and potential risks to the individual and others
3. you arrange the start of the detoxification programme with the level of urgency appropriate to the individual's needs and circumstances
4. you provide the individual with advice and information about the detoxification programme prior to commencement
5. you explain to the individual the risks associated with detoxification, including reduced tolerance and the risk of relapse and how these are to be minimised
6. you assess whether the individual's carers or significant others have a role to play in the detoxification programme and if so, include them in the planning and induction
7. you agree a contract of care in line with your organisation's policies and procedures
8. you support the individual to maintain realistic expectations of the detoxification programme.
9. you formulate a treatment and care plan with the individual, involving relevant members of other service teams
10. when appropriate, you refer the individual to a prescribing service for prescribing of substitute medication
11. you maintain accurate and complete records of referrals to other services in line with locally agreed protocols

12. you arrange for provision of appropriate services according to the individuals identified needs
13. you provide harm reduction advice appropriate to the individuals' needs
14. you offer the individual tests for liver function, HIV and hepatitis B and C and refer appropriately where tests are positive
15. you regularly review the treatment and care plan with the individual and others involved in service delivery
16. you screen the individual for substance use to monitor compliance according to your organisations protocols
17. you review expectations and plans with individuals who are not yet able complete the detoxification programme.
18. you arrange a discharge planning meeting with attendance by other service provider team members in order to formalise an ongoing care plan
19. you ensure individuals who are abstinent are referred to sources of further appropriate support
20. you maintain active co-ordination between detoxification services and subsequent rehabilitative care
21. you encourage individuals who have achieved abstinence to be assessed for suitable rehabilitation
22. you complete case closure documentation promptly and accurately for individuals who have completed the programme or who have left the programme prematurely
23. you review the service to be provided to individuals that have not completed the programme

### **Knowledge and Understanding**

To perform competently in this unit, you need to know and understand:

1. legal, organisational and policy requirements relevant to your role and the activities being carried out
2. the principle of confidentiality and the implications for your practice
3. local systems, procedures and protocols for safeguarding children and young people

4. how to adapt communication styles in ways which meet the individual's needs, strengths and capabilities
5. how to share information obtained during assessment or treatment with another agency in line with local protocols
6. how to prioritise requests for assessment according to their priority in line with your organisation's criteria
7. how to involve individuals in the assessment of their needs
8. your responsibility and accountability for the wellbeing of individuals
9. how to support the choice and wellbeing of the individual which is appropriate to their needs and preferences
10. how to assess an individual's motivation and readiness to engage in a treatment programme
11. how to review assessments at appropriate intervals once an individual has commenced a programme of care
12. the importance of keeping full and accurate records, and how to do so in line with organisational requirements
13. locally agreed criteria for admission of individuals to a detoxification programme
14. the principles of equality, diversity and anti-discriminatory practice and how they are applied
15. how to arrange for the completion of comprehensive substance use and risk assessments
16. how to establish the appropriate level of urgency for admission to a detoxification programme
17. advice and information required by individuals prior to a detoxification programme
18. how to agree a contract of care, outlining the responsibilities of your organisation and the responsibilities of the individual during the detoxification programme
19. how to involve significant others and carers in an individual's detoxification programme in order to support the individual
20. how to manage an individual's expectations of a detoxification programme
21. how to formulate a treatment and care plan for an individual

22. how to involve members of other service teams in planning and reviewing an individual's care plan
23. how to actively involve an individual in formulating and reviewing a care plan
24. harm reduction good practice including overdose prevention, safer injecting, contraception and safer sex
25. how to arrange for an individual to undergo appropriate health tests in line with organisational procedures
26. how to review expectations and plans with individuals who are not yet able to complete the detoxification programme
27. the available detoxification options, including substitute medications and regimes
28. the possible side effects of withdrawal and detoxification
29. the risks associated with repeat detoxification
30. the risks associated with relapse and reduced tolerance post-detoxification
31. locally agreed criteria for selecting specific detoxification options
32. the evidence base for detoxification programmes and realistic expectations of outcomes
33. how to deal with challenging, abusive, aggressive or chaotic behaviour
34. how to assess the risk to individuals, children, families and to others from an individual's substance use and/or co-existent problems and the appropriate action to take
35. how to recognise the signs of injury, abuse or neglect in the individual and how to raise concerns with the appropriate person or agency
36. the importance of regularly reviewing risk assessments
37. the signs and implications of a range of substance use related problems
38. ways of keeping your knowledge about substances and indications of substance use up to date
39. the range of substance use services offered by your organisation and other organisations, including peer support
40. how to understand the language used by substance users in your locality
41. how to assess and manage complex needs and co-morbidities in the context of detoxification